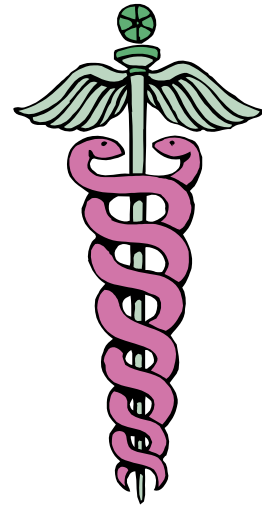
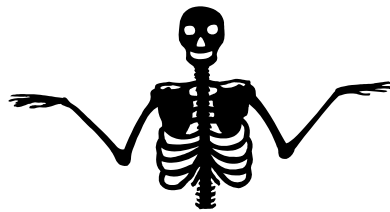


# HEALTH EDUCATION



The goal of Health Education at Cathedral Preparatory School is to reveal to the students, that the principles of the Roman Catholic Church are consistent with today's concept of a healthy human behavior. The goal is to show that the integration of all concepts taught come to fruition in the growth of the healthy human being. It is NOT how does health apply to life, but how do we apply all of our learning to our HEALTH – LIFE.

## HEALTH EDUCATION

<b>961 Health One</b>	One Quarter
Grade: 9	Credit: .25
Prerequisite: None	
This course is designed to study the anatomy and physiology of the human body. The body systems to be covered include: integumentary, skeletal, muscular, nervous, cardiovascular, lymphatic, respiratory, reproductive, endocrine and digestive. Nutrition as related to body functions and growth will be presented. The subject matter will further explore how these systems work together and the common health problems associated with each system. An introduction to human sexuality, healthy relationships and sexually transmitted infections will also be presented.	
<b>963 Health Two</b>	One Quarter
Grade: 11	Credit: .25
Prerequisite: Health One	
The focus of this course is to present material relating to the proper use of medicines and to present and review the consequences of tobacco, alcohol, narcotics and psychoactive drugs. The students will also study communicable and non-communicable diseases and the treatments.	
<b>964 Health Three</b>	One Quarter
Grade: 12	Credit: .25
Prerequisite: Health Two	
The focus of this course is to present material relating to mental health and nutrition. The course is designed to provide students with the skills necessary to react in an emergency situation. The course provides the fundamental knowledge needed to create a safe environment and the appropriate skills required when responding to an emergency. Students who successfully complete this course and meet all Red Cross Standards will achieve the skills necessary to become certified in First Aid and CPR/AED-Adult.	
<b>962 Driver Education</b>	One Quarter
Grade: 10	Credit: .25
Prerequisite: None	
Students will participate in activities that will increase their knowledge of risk assessment and awareness. The students will also learn signs, signals and road markings, the rules of the road, basic driving skills and the natural laws of driving.	