

Cathedral Preparatory School

Student Assistance Program

Confidential

Parent Checklist

Student: _____

Date: _____

Please take the time to complete this form by checking the appropriate information. It is crucial that you communicate only observable behaviors. (No third party or hearsay information is acceptable) Please remember that all information is confidential. Please return the completed form in the enclosed pre-posted envelope.

Academic Information

- Drop in grades
- Fails to complete assignments
- Verbalizes disinterest in performance
- Demonstrates reading difficulty
- Poor test scores
- Does not seek help
- Fails to complete homework

Behavioral Observations

- Seeks constant reassurance
- Inappropriate sexual suggestions
- Expresses involvement in hate groups
- Verbally abusive / Disrespectful

Policy Violations

- Frequent detentions
- Vandalism
- Cheating or Lying
- Obscene language or gestures
- Dress code violations

Physical Observations

- Unsteady on feet
- Glassy, bloodshot eyes
- Frequent cold-like symptoms
- Slurred speech pattern
- Appears disoriented

Strengths / Skills

- Accepts personal responsibility
- Can work independently
- Makes good personal decisions
- Enthusiastic, cooperative, and creative

Physical Observations

- Denies responsibility/blames others
- Expresses involvement in the occult
- Complains of nausea
- Smells of alcohol, marijuana
- Noticeable weight change
- Poor personal hygiene
- Self abuse
- Careless appearance

Peer Interaction Observations

- Hits or pushes others
- Easily influenced by others
- Does not interact with peers

Emotional Observations

- Expresses desire to die
- Often critical of self or others
- Expresses feelings of worthlessness, helplessness, or hopelessness
- Recent death of family member or friend
- Sudden outbursts of anger
- Sudden change in behavior
- Expresses anger towards parents
- Easily frustrated
- Expresses fear or anxiety
- Loner
- Disturbs others
- Cannot accept criticism
- Family member in military
- Involved in private or agency counseling

Additional Comments
